



# Parkside Medical Practice

NHS WALSALL

JANUARY 2020

Issue 72

Parkside Medical Practice, Park View Centre, Chester Road North, WS8 7JB

Tel 01543 728748

Website: [www.pmpgp.co.uk](http://www.pmpgp.co.uk)

Email: [walsallccg.pmpgp@nhs.net](mailto:walsallccg.pmpgp@nhs.net)

## HAPPY NEW YEAR

2020!



Dr Latoria will be doing some permanent sessions in 2020.



**PPG - Patient Participation Group** - new members are always welcome and a special event for carers will be happening soon. Dates for this years meetings are yet to be confirmed.



**CQC Outcome** - Details of the outcome will be published as soon as they become available.



## How Are You?

Call us on 01922 444 044

Modern life can make it hard to be healthy but we are here to help you on your journey to a healthier life.

Mon to Fri 9am to 6pm

Take a look below at the range of services we provide as well as links to NHS information, downloads, apps and local services

**One You Walsall is a free healthy lifestyle service dedicated to improving the health and wellbeing of all residents across Walsall.**

Our services are here to help you make great choices in your lifestyle including:

- physical activity
- healthy eating
- weight loss
- emotional wellbeing
- welfare
- alcohol reduction
- quitting smoking
- NHS Health Checks

GP APPOINTMENT?  
CAN'T MAKE IT?  
DON'T NEED IT?

**CANCEL IT!**



Give us your feedback on  
NHS Choices



During the festive period a total of 21 of our patients visited A&E.

After reviewing the reasons all but one case was an emergency.

**Well done for choosing well.**