



Parkside Medical Practice

NHS WALSALL

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Issue 48

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HAPPY NEW YEAR



PPG

Patient Participation Group

Our group meets every quarter and also holds an annual information session.

The meetings give patients a chance to have an impact on decisions made within the surgery about services etc.; we can also address any concerns you might have.

You can attend in person or be a virtual member where you submit your queries by email and receive the minutes of the meeting the same way.

Please contact the surgery if you would like to become a member.

ONEYOU

Want to make new start in the New Year?

One You Walsall is a public health campaign for adults.

www.oneyouwalsall.com

Tel: 01922 444 044

They can help with...

- ◆ Stopping smoking
- ◆ Weight loss
- ◆ Healthy eating
- ◆ Alcohol reduction
- ◆ Welfare
- ◆ Emotional wellbeing
- ◆ Physical activity

Super Wiggles is also available for families with children aged 2 - 7 who are above a healthy weight.

HEALTH VISITOR CLINIC

The health Visitor clinic on a Wednesday is now on an appointment only basis only.

Telephone: 01922 604538

The first clinic will be held on
Wednesday 3rd January

ONLINE SERVICES

- ◆ Book Appointments
- ◆ Order Repeat Prescriptions
- ◆ View Your Medical Record

Contact reception for more details.

EXTENDED HOURS

Please be aware that we no longer offer extended surgery hours.

The practice will now open at 8.00am and close at 6.30pm on Monday, Tuesday, Thursday and Friday*.

We will continue to close at 1.00pm on Wednesdays and the last *Friday of every month.