



# Parkside Medical Practice

NHS WALSALL

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Issue 49

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PPG

## Patient Participation Group

These meetings give patients a chance to have an impact on decisions made within the surgery about services etc.; we can also address any concerns you might have.

You can attend in person or be a virtual member where you submit your queries by email and receive the minutes of the meeting the same way.

Our next meeting is on

**Thursday 8th February 2018**

**11.00 - midday**

**time to change**

**let's end mental health discrimination**

[www.time-to-change.org.uk](http://www.time-to-change.org.uk)

About mental health

Around 1 in 4 people will experience a mental health problem this year yet the shame and silence can be as bad as the mental health problem itself. Your attitude to mental health could change someone's life.

**Wherever you are, talk about mental health on 1 February.**

**time to change**  
**time to talk**  
**day 2018**  
let's end mental health discrimination

### ONLINE SERVICES

- ◆ Book Appointments
- ◆ Order Repeat Prescriptions
- ◆ View Your Medical Record

**Contact reception for more details.**



### ARE YOU OVER 55 AND HAVE A HEARING PROBLEM?

There are multiple audiology services available locally through the NHS.

**Walsall Manor Hospital** - Audiology - Over 55s - Self Referral or GP referral

**Specsavers Hearing Centre** - Over 55s - Self Referral (with a referral card from GP)

**Mediscan Audiology Services** - Over 55s - GP Referral

*In the first instance it's a good idea to have your ears checked for infection or impacted wax.*